

St. Luke's Hospital

****Preparation for surgery**

The evening meal the day before scheduled surgery should be light. It is very important that you do not drink or eat anything after midnight, unless instructed to do so.

If you develop symptoms of an upper respiratory infection (sore throat, nasal congestion, cough, fever) within 24 hours before your operation, contact your surgeon's office.

****Pre-operative Instructions**

Surgery Date: _____

Surgery Time: _____

Please Arrive At: _____

Do not eat or drink anything after midnight. You will be instructed about medications you will need to take the morning of your surgery. Medications should be taken with a sip of water the morning of your surgery.

****Your surgical procedure**

On the day of surgery, wear comfortable clothing and shoes, and avoid wearing jewelry and make-up. Some insurance plans may require a co-pay or deductible payment prior to your surgery. You will be notified of the amount in advance if this applies. Otherwise, please leave all valuables at home - including jewelry, purses, wallets, cell phones, pagers and laptops. After you check in at the Same Day Surgery desk, you will be escorted to a private room. A staff member will confirm your insurance information, and you will change into a patient gown and a robe. You will also be interviewed and your nursing assessment will be completed by a registered nurse if not already done on your pre-surgical visit. At this time you will sign your surgical consent form(s).

Approximately 30 minutes before your surgical procedure, you will be escorted from the Same Day Surgery to the holding area. When you are taken to the holding area your visitors will be directed to the Same Day Surgery waiting area, where they will stay until your surgery is over and your surgeon speaks with them. In the holding area, anesthesia personnel will ask you questions about your present health, past medical illnesses, any medications you are taking, any allergies you may have, and your reaction to any prior anesthetics and surgeries. An intravenous infusion will be started at this time.

St. Luke's Hospital

****Your surgical procedure (continued)**

A nurse will accompany you into the Operating Room. Anesthesia personnel will explain what is being done as your anesthesia is being administered and will closely monitor you throughout the procedure. If you have any questions about procedures being performed, please ask any of the staff members caring for you.

****After your surgery**

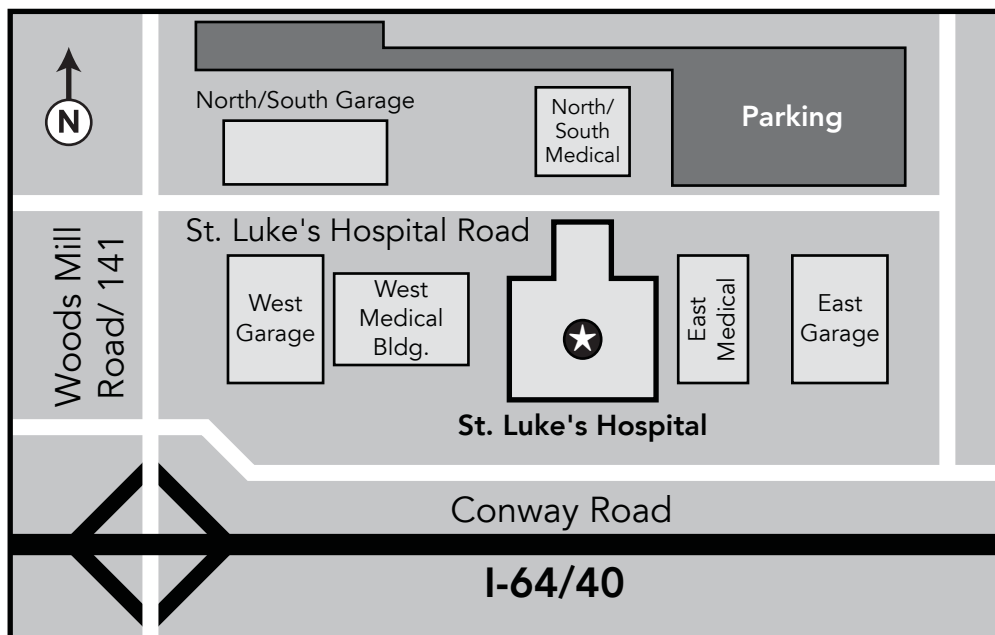
A nurse will care for you as you recover from the anesthetic. When you have adequately recovered a staff member will help you dress and assist you to into your car. A relative or friend must accompany you home. It is suggested that you avoid strenuous mental and physical activities, not drive a car, and have someone with you for at least 24 hours. Specific written instructions regarding pain medications, fluid and food intake, and activity will be given to you at the time of discharge.

****Parking and admission**

Parking is available for surgical patients on the Surface Parking Lot, Northeast of the Main Hospital. (If the lot is full, additional parking is available in the North/South Garage.) Proceed to the main entrance of the hospital. Street Level enters the hospital on the 3rd Floor. Ask for directions at the Reception Desk, or go directly to the Surgery Waiting Area across from the Gift Shop. (Straight ahead and to the right.)

****Location**

St. Luke's Hospital, 226 South Woods Mill Road, Chesterfield, MO 63017
314-205-6010, www.stlukes-stl.com



St. Luke's Hospital

****Hotel Information:**

Ask for the St. Luke's Patient Rate (not available through the 800 phone number)

Best Western Westport Park Hotel

2434 Old Dorsett Road
Maryland Heights, MO 63043
314.291.8700
Rate: \$\$\$

Comfort Inn at Westport

12031 Lackland Road
Maryland Heights, MO 63146
314.878.1400
Rate: \$

Drury Inn Chesterfield

355 Chesterfield Center
Chesterfield, MO 63017
636.532.3300
Rate: \$\$\$

Drury Inn Creve Coeur

11980 Olive Blvd.
Creve Coeur, MO 63141
314.989.1100
Rate: \$\$\$

Drury Inn Westport

12220 Dorsett Road
Maryland Heights, MO 63043
314.576.9966
314.989.1100
Rate: \$\$

Hampton Inn Chesterfield

16201 Swingley Ridge Rd.
Chesterfield MO 63017
636-537-2500
Rate: \$\$\$

Marriott West at Maryville

660 Maryville Centre Drive
St. Louis, MO 63141
314.878.2747
Rate: \$\$\$\$